



# Share my Happy

## Challenges

### We want to see your transformation.

Once you get rolling on our Weight Loss System, you are going to look better, feel better, and perform better. We know it! So, don't be shy. Show the world. Let them see your smiling face, your glowing skin, and your summer body. And tell the world. We want to hear about how these products have positively impacted your life. Got more energy? Go ahead and share. Sleeping better? Put it out there. Let us know who has noticed and how that makes you feel.

**The world needs more “happy” right now. This is your chance to WIN BIG while making a difference.**

### Transformation Challenge

We want to see how your life has transformed!  
Post your videos and photos about your healthy transformation. This isn't a weight loss challenge, although weight loss may be one of the benefits you wish to show and share.

To be considered, the post must be on a public Facebook page, public Instagram page, public TikTok page, or public Twitter page and include one or both of these two hashtags:

**#myhappychallenge**  
**#fitandhappychallenge**

A group of impartial judges will review each post for authenticity, impact, and creativity.



**Monthly Winners**  
**July, August, and September**  
**Five \$100 winners each month**

- No limit to the number of posts a person can make each month
- Limit one prize per person per month



**Grand Prize Winners**  
**From July through September**  
**Five \$1,000 winners AND**  
**Ten \$200 winners!**

- No limit to the number of posts a person can make throughout the challenge
- Limit one prize per person



## Show us how you shake.

Our All-In-One Happy Shake™ and Fit & Happy Shakes™ are delicious with just water. But we also know that they are the perfect base for an amazing array of delicious possibilities. Let your creativity run free and share your favorite “mixology” masterpieces!

## Shake Recipe Challenge

Post your shake recipes using any of the HCo. shakes. To be considered, the post must be on a public Facebook page, public Instagram page, public TikTok page, or public Twitter page and include one or both of these two hashtags:

**#myhappyrecipes**  
**#fitandhappyrecipes**

A group of impartial judges will review each post for authenticity, impact, and creativity.



**Monthly Winners**  
**July, August, and September**  
**Five \$100 winners each month**

- No limit to the number of posts a person can make each month
- Limit one prize per person per month

**Make sure you are following us on social media to find out the winners each month. Plus, stay up to date with contest details and reminders!**

**f @elevacity**  
**@the\_happy\_co\_**

